



Welcome to the clinic of David Miller, ND

Congratulations on your decision to add an ND to your health care team!

You have decided to play a major part in your own health. Once you have clearly set this intention, our efforts to realize your potential will be primed.

As your naturopathic physician I can assure you that I will act according to the precepts that I have sworn to uphold and do all that I can to ensure that your experience here is a positive one.

Information regarding your visits with David Miller ND

Time

An initial visit with your Naturopathic Physician can take up to 1.5h. This gives us ample time to get a grasp of your overall health and begin a wholistic individualized treatment plan. Hopefully you will have completed the lengthy **intake form** and **review of systems** before we begin our visit. The information on this form is to be seen by your physician only, and **will be kept in strict confidentiality**. During this visit or the next your ND will perform a hypothesis-driven physical exam and order lab tests. Your subsequent visits may take anywhere from 15 minutes to 60 minutes, depending on the case. The fee schedule for these services is time-based, and is attached.

Price

As you are probably aware, Naturopathic care is not covered by OHIP. As such, you are responsible for payment at the conclusion of each visit. Many employee benefit plans include Naturopathic Medical services, so retain your receipt for reimbursement as per your individual plan.

We accept cheques, VISA, Mastercard, debit transactions, and cash. You will be given an itemized receipt at the conclusion of each visit for your records.

It is a mandate of the clinic that no one is precluded from the services provided at David Miller ND for financial reasons. If you are not able to pay for the full amount of applicable service fees due to financial considerations, please advise reception **before** your visit.

Services

It takes time to get better.

Some patients have spent many years with chronic medical problems unsolved by conventional medicine. Some are currently receiving positive and necessary treatment from one or more medical doctors or other health-care providers. Some are simply not feeling well and want to improve their general health. Whichever scenario applies to you, it is important to realize that it takes time to feel better when using naturopathic medicine. We usually tell patients to expect to visit us at least four (4) times and to expect to wait approximately two (2) months before noticing significant changes. Some patients of notice changes much sooner, but as a patient, we ask you to be patient! We are confident that with the necessary information and a consistent effort from you, we can help you; but it may take some time.



Your ND is trained in several modalities (treatments) and any or all of them may be employed on a case-by-case basis. The services include the following:

- Acupuncture
- Botanical medicine
- Lifestyle and diet modification
- Physical medicine
- Homeopathic medicine

Products

At the clinic we provide high quality supplements and other natural health products. It is important that you are aware that **you are free to purchase your supplements at a pharmacy or health food store of your choice**. By no means do you have to buy the products that we supply. The products that we supply are on hand so that your ND can be sure of the quality and availability of the interventions, and not depend on other suppliers to have what you require. We also stock non-professional branded products that are of sufficient quality and more inexpensive than professionally branded products.

Missed Appointments

If you are not able to make your appointment, please notify reception as soon as possible. If you are able to do so with 24h notice you will avoid the cancellation fee. Cancelling your appointment well in advance should not be a problem, as we will give you a reminder call a few days to a week before your next appointment.

Cancellation fees are 50% price of a 1h visit if same day, and 100% of a 1h visit if no notice is given at all.

Service Fees

Naturopathic Visit

	Initial	2 nd visit	15 minutes	30 minutes	45 minutes
Adult	\$165	\$115	\$35	\$65	\$100
Senior	\$150	\$105	\$30	\$60	\$90
Univ/College	\$150	\$105	\$30	\$60	\$90
Children (≤ 10)	\$150	\$105	\$30	\$60	\$90

Acupuncture Follow-up¹

	Follow-up	Bundle of 5
Adult	\$60	\$250
Senior	\$55	\$225

¹ Requires an initial intake prior to the treatment



Univ/College	\$55	\$225
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Phone Consults

Phone consults \leq 15 minutes in length are available at a cost of \$20.¹

Homeopathic Dispensing Fee

All homeopathic prescriptions will be charged a \$10 dispensing fee.

Intramuscular B12 Injections

B12 injections will be billed at \$10 each.

Thank you

If you have any questions or concerns prior to your visit, do not hesitate to contact the office via phone or email. You can also find plenty of information on the website at www.davidmillernd.com.

I am honoured to be a part of your journey to optimal health.

David Miller, B.Sc, N.D.

INFORMED CONSENT FOR NATUROPATHIC TREATMENT

Naturopathic medicine is the treatment and prevention of diseases by natural means. Naturopathic Doctors assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used in order to stimulate the body's inherent healing capacity. Your ND will take a thorough case history, perform a physical examination, including a breast exam, and may request or take blood and urine samples. If your case requires, the physical may include more specific examinations such as gynecological, rectal, prostate or genital exams.

It is very important that you inform your Naturopathic Doctor immediately of any disease process from which you are suffering and any medications/over the counter drugs that you are currently taking. Please advise your Naturopathic Doctor immediately if you are pregnant, suspect you are pregnant or if you are breast-feeding.

As a patient you will receive information about your diagnosis and/or treatment, alternative courses of action, the



material effects, costs, expected benefits, risks, side effects and in each case the consequences of not having the diagnosis and/or treatment acted upon.

Your ND is trained to handle emergencies should the need arise.

There are some slight health risks associated with treatment by naturopathic medicine.

These include but are not limited to:

- Homeopathic remedies may occasionally result in the aggravation of pre-existing symptoms. When this occurs the duration is usually short.
- Some patients experience allergic reactions to certain supplements and herbs. Please advise your intern of any allergies you may have.
- Pain, bruising or injury from venipuncture or acupuncture or parental therapy.
- Fainting or puncturing of an organ with acupuncture needles or accidental burning of the skin from the use of moxa.
- Muscle strains and sprains or disc injuries from spinal manipulation.
- There is a very small potential for stroke in neck manipulation. Patients are thoroughly screened prior to manipulating the neck.

I understand: .

- The clinic does not guarantee treatment results.
- That my ND will explain to me the exact nature of any treatment provided and will answer any questions I may have.
- I am free to withdraw my consent and to discontinue treatment at any time.

Patient Name (please print): _____

Signature of Patient or Guardian: _____ Date: _____

David Miller ND _____

Collection of Personal Health Information

We collect personal health information about you directly from you or from the person acting on your behalf. The personal health information that we collect may include, for example, your name, date of birth, address, health history, records of your visits to David Miller ND and the care that you received during those visits. Occasionally, we collect personal health information about you from other sources if we have obtained your consent to do so or if the law permits.

Uses and Disclosures of Personal Health Information

We use and disclose your personal health information to:

- treat and care for you,
- get payment for your treatment and care (from WSIB, your private insurer or others),
- plan, administer and manage our internal operations,
- conduct risk management and quality improvement activities,
- teach,
- conduct research,
- compile statistics,



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- comply with legal and regulatory requirements, and
 - fulfill other purposes permitted or required by law

Your Choices

- You may access and correct your personal health records, or withdraw your consent for some of the above uses and disclosures by contacting us (subject to legal exceptions).

Important Information

- We take steps to protect your personal health information from theft, loss and unauthorized access, copying,
- We take steps to ensure that everyone who performs services for us protect your privacy and only use your personal health information for the purposes you have consented to.

How to Contact Us

For more information about our privacy protection practices, or to raise a concern you have with our practices, contact us at:

David Miller ND
60 Albert St S
Southampton ON
N0H2L0 Box 250
www.davidmillernd.com

You have the right to complain to the Information and Privacy Commissioner/Ontario if you think we have violated your rights. The Commissioner can be reached at:

Information and Privacy Commissioner/Ontario
2 Bloor Street East
Suite 1400
Toronto, Ontario
M4W 1A8
1-800-387-0073

I have reviewed the above information that explains how David Miller ND will use my personal information, and the steps David Miller ND is taking to protect my information.

I agree that **David Miller ND** can collect, use and disclose personal information about

_____ [*print your name*] as set out above in the information about the Clinic's privacy policies.

Signature

Print Name

Date

Signature of Witness